

# Asclera®

## Frequently Asked Questions

**1. Q: How long does the procedure take?**

*A: Each session lasts about 30-45 minutes.*

**2. Q: Will I need more than one treatment session?**

*A: Repeat treatments may be necessary to achieve successful results depending on the extent of your varicose veins.*

**3. Q: Do the Asclera injections hurt?**

*A: As with any injections, there may be some discomfort and stinging sensation at the injection sites.*

**4. Q: Do I have to wear compression stockings? For how long?**

*A: For optimal results compression stockings are recommended on the treated leg(s) after your treatment and should be worn continuously for the first week. After the first week they should be worn during the day for two weeks.*

**5. Q: Where can I get compression stockings?**

*A: Compression stockings may be purchased at a pharmacy or medical supply store. They are available in knee-high, thigh-high, and pantyhose.*

**6. Q: What should I avoid after treatment?**

*A: For 2-3 days following your treatment, avoid exercise, sunbathing, long plane flights, and hot baths or saunas.*

**7. Q: Is walking okay after treatment?**

*A: Yes, it is recommended to walk 15-20 minutes immediately after the procedure and daily for the next few days. It is also recommended to keep the treated legs elevated when at home.*

**8. Q: What is the number to call should I have any questions or concerns?**

*A: You can contact our office at (661) 254-3686; Monday-Friday 8am-5pm & Saturdays 8am-2pm. After hours calls can be made to our answering service at (661) 253-4800. You may also e-mail us at [info@creatingbeauty.com](mailto:info@creatingbeauty.com)*