## Dr. Bernard I. Raskin

Advanced Dermatology & Cosmetic Care Valencia, California

#### ASK DR. RASKIN

#### WHAT IS UNIQUE ABOUT YOUR TRAINING?

My degree in physics, attending UC Irvine Medical School, becoming an internist and later completing my dermatology training at UCLA combine to give me a broad background to draw upon when treating patients. In fact, I am a fellow of the American Society for Mohs Surgery and skilled in micrographic surgery, which is unique in its accuracy and skin cancer cure rates, so I am able to care for patients beyond just their cosmetic woes.

#### WHAT IS NEW AT YOUR PRACTICE?

We recently moved to a new customdesigned office that gives our patients additional space for better privacy and comfort with three separate waiting rooms, larger exam rooms and a skin-care education area with various products for them to learn about.

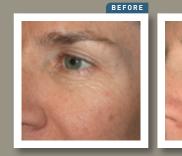
#### WHAT SKIN-CARE PRODUCTS DO YOU OFFER?

I'm really big on antioxidants and retinol creams for patients, and I feel strongly that they provide enhanced benefits to skin. In addition to our own line, Creating Beauty, we carry a range of product lines from inexpensive ones to the more sophisticated lines such as SkinMedica<sup>®</sup>.

### Gentler skin resurfacing

Dr. Raskin says one of the most popular treatments he offers is fractional CO<sub>2</sub> laser resurfacing. "It's a sophisticated and elegant way to treat wrinkles, scars and surface deformities on the skin," he says. And it's a much gentler option than the old laser treatments. "The old lasers were kind of like a paintbrush where you did lasing over the entire surface of the skin and treated wrinkles by vaporizing the top layers of skin. It gave a nice result, but it was very painful," Dr. Raskin says. This results in open skin that needs more time to heal and increased risk of infection. With the fractionated laser, the beams of light are spaced out so treated skin is next to healthy, untreated skin, which speeds up recovery and minimizes pain associated with the treatment. "The only drawback is that we need multiple sessions to get the same result," Dr. Raskin says. "However, most patients choose this gentler method."





# **REJUVENATING RESURFACING**

# "my staff is an extension of me, and we function as a team"

THE GROUP DERMATOLOGY PRACTICE OF DR. BERNARD I. RASKIN EMPHASIZES PERSONAL CARE AND ATTENTION TO DETAIL. "WE WORK HARD ON CUSTOMER SERVICE AND OUR NEW OFFICE MAKES IT EASIER." DR. RASKIN SAYS, NOW WITH HIS SON RUNNING THE BUSINESS SIDE OF THINGS, THE PRACTICE HAS BECOME A FAMILY OPERATION. REGARDLESS, THIS TEAM HAS ALWAYS TAKEN AN OLD-FASHIONED MEDICINE APPROACH TO SPENDING TIME WITH AND GETTING TO KNOW PATIENTS.

#### MEET THE EXPERT

### Dr. Bernard I. Raskin

American Board of Dermatology American Board of Internal Medicine

#### SERVICES OFFERED General Dermatology Laser Resurfacing Skin Rejuvenation Skin Cancer Surgery Thermage® Photodynamic Therapy Aesthetic Injectables Laser Surgery Sclerotherapy (Vein Treatment) Fat Transfer Fractionated CO<sub>2</sub> Laser Facial Rejuvenation Liposuction

Mohs Surgery Scar Revision Laser Hair Removal Facials Chemical Peels Microdermabrasion Acne Treatments Botox<sup>®</sup> Dvsport<sup>®</sup> Restvlane Perlane<sup>®</sup> Juvéderm® Radiesse<sup>®</sup> Sculptra® Aesthetic



Looking for a way to minimize fine lines and improve the texture and tone of her skin, this 47-year-old patient underwent fractionated CO<sub>2</sub> laser resurfacing with Dr. Raskin. "We were able to minimize discoloration and give her smoother skin," he says.

### ABOUT DR. RASKIN

#### WHAT PROJECTS ARE YOU WORKING ON?

I've been writing a lot recently. I have textbook chapters on erbium laser resurfacing and CO<sub>2</sub> laser resurfacing coming out in 2012.

#### WHY DO YOU TEACH?

I teach derm residents at UCLA and derm surgery frequently because education is a two-way street. When I teach, I learn.



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To learn more about the practice visit creatingbeauty.com